

Homemaker Program

The Homemaker Program is designed to help clients achieve significant life goals including:

- Gaining or maintaining self-sufficiency and independence
- Preventing or remedying neglect, abuse, or exploitation of adults or children, especially those unable to protect their own interest
- Preventing or reducing the need for institutional care
- Maintaining safe and intact family units

Funding

The Mid-Cumberland Human Resource Agency's Homemaker Program is funded in part by...

- Tennessee Department of Human Services
- Tennessee Department of Children Services
- Greater Nashville Area Agency on Aging and Disability
- Tennessee Commission on Aging and Disability
- United Way
- Local City & County Governments
- Private Contributions

Make a Donation

If you are interested in making a tax deductible contribution to the Homemaker Program you can contact us at the address below.

Mid-Cumberland Human Resource Agency
1101 Kermit Drive, Suite 300
P.O. Box 17385
Nashville, TN 37217

615-850-3909
Fax 615-850-3945
www.mchra.com

Pursuant to the Mid-Cumberland Human Resource Agency's policy of non-discrimination, the Homemaker Program does not discriminate on the basis of race, age, sex, religion, disability or national origin.



MCHRA Homemaker Program

Homemakers are Life Savers



**MID-CUMBERLAND
HUMAN RESOURCE AGENCY**

www.mchra.com

Helping Seniors

Trained Homemakers provide basic, in-home assistance for the elderly/disabled. Most live alone and are in danger of being neglected, exploited or abused. Homemakers provide services that clients can no longer do for themselves.

Services may include:

- Light Housekeeping
- Meal Preparation
- Grocery Shopping
- Personal Care
- Transportation
- Interpretation of Mail
- Pharmacy & Doctor Visits

Helping Children

Para-professionals provide services for children and their families who are victims of abuse and neglect. Focus is on teaching the parent child-rearing skills, in an attempt to keep the children safely in their homes and the family unit intact.

Activities are teaching oriented and include:

- Parenting Skills
- Transportation
- Personal Hygiene
- School Advocacy
- Nutrition
- Budgeting
- Resources
- Household Management

Who is Eligible?

Individuals may be eligible for Homemaker service if they meet one of the following categories:

- **Income Maintenance:** Recipients of AFDC, SSI, Medicaid only
- **Income Eligibility:** Clients whose income is below the income standard established by the State of Tennessee
- **Without Regard to Income:** Clients eligible based upon need only, as determined by the Department of Human Services or Department of Children Services

Need for the services is established when an individual or family is experiencing specific or social problems for which Homemaker service is deemed appropriate.

Service Areas

Cheatham, Davidson, Dickson, Houston, Humphreys, Montgomery, Robertson, Rutherford, Sumner, Stewart, Trousdale, Williamson and Wilson Counties.

How to Make a Referral

To refer someone you know for Homemaker services, please call 615-850-3909 or 1-866-707-8791.